



Removable Partial Denture Care Guidelines

The following are recommended guidelines for the care and maintenance of RPDs:

Rinse your RPD after every meal. Careful daily removal of bacteria that are present in the mouth as well as on dentures is of great importance to minimize risk of contracting a Candida infection, commonly known as “thrush”, and to help to contribute to good oral and general health.

To reduce levels of biofilm and potentially harmful bacteria and fungi, patients who wear dentures should do the following:

- a) RPDs should be cleaned daily by soaking and brushing with effective, non-abrasive denture cleanser.
(Toothpaste is not recommended, regular Soft Soap liquid hand soap works well.)
- b) Denture cleansers should only be used to clean RPDs outside of the mouth.
- c) RPDs should be thoroughly rinsed with water after soaking and brushing before placing back into the mouth.

RPDs should NEVER be placed in boiling water.

RPDs should not be soaked in bleach, or in products containing sodium hypochlorite (bleach). Doing so may damage the RPDs. This includes over the counter denture cleaners.

To prevent warping, **RPDs should be stored completely immersed in water**, when not in the mouth.

It is not recommended that RPDs be worn for continuous periods of more than 24 hours per day. **Please remove your dentures at night while you are sleeping.**

Patients who wear RPDs should be checked annually at our office for maintenance of RPD fit and function, evaluation of loss of bone, oral lesions, and for assessment of oral health status. RPDs should be cleaned annually by our office using ultrasonic cleansers to minimize biofilm accumulation over time.

If you get a “sore spot” call our office right away to have your RPD evaluated and / or adjusted to prevent further irritation.